

## 2023 North Phoenix Prep Fall Middle School Sports Teams

### Boys and Girls Cross Country

Head Coach – James Duran – [jamesduran80@yahoo.com](mailto:jamesduran80@yahoo.com)

- All who come out will make the team.
- First practice will be Monday, August 14.
- Practices will be on Mondays, Wednesdays & Thursdays from 6:00-7:25 am.
- Meet schedule will be posted online once it is finalized. Most meets will take place on Saturday mornings starting the week of Sept. 4 and ending the week of Oct. 23 or 30.
- For more info, please contact the above listed coach or Joe Page at [jpage@northphoenixprep.org](mailto:jpage@northphoenixprep.org)

### Coed Flag Football

Head Coach – TBA

- All who come out will make the/a team; additional teams will be formed if numbers dictate, and teams will be divided by skill level.
- Evaluation for team placements, if necessary, will be conducted during the first week of practices.
- Practices will begin on Monday, August 14 and will take place every Monday, Tuesday, & Thursday from 3:45-5:15 pm on the school field.
- Games will be on Saturdays and the schedule will be posted once it is finalized. Games will start the week of Sept. 4 and ending the week of Oct. 23 or 30.
- For more info, please contact the above listed coach or Joe Page at [jpage@northphoenixprep.org](mailto:jpage@northphoenixprep.org)

### Girls Volleyball

Coaches for all teams are TBA

- All who come out will make a team; teams will be formed as numbers dictate and will be divided by skill level. We are anticipating having one A level team, 1-2 B level teams and 2-3 C level teams.
- Evaluations for team placements will be as follows –
  - 7<sup>th</sup> & 8<sup>th</sup> graders – Monday, Wednesday, & Friday, Aug. 14, 16, & 18 @ 3:45-5:15 in the NPX gym – **All participants must attend all sessions!**
  - 5<sup>th</sup> & 6<sup>th</sup> graders – Tuesday & Thursday, August 15 & 17 @ 3:45-5:00, in the NPX gym. **All participants must attend all sessions!**
- Practices
  - All teams will begin practicing the week of August 21.
  - Days and times TBA as we must first see just how many teams are formed.
  - Generally speaking, there will be 2-3 practices per week lasting for one hour to 1.5 hours, depending on the level of the team.
- Game schedules will be posted online once they are finalized; expect there to be both weeknight and Saturday games starting the week of Sept. 4 and ending the week of Oct. 23.
- For more info, please contact the above listed coach or Joe Page at [jpage@northphoenixprep.org](mailto:jpage@northphoenixprep.org)

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### General Info

#### Who may participate?

5th-8th graders may compete in all sports. **Yes, 5th graders are eligible to join**

### Registration Info

- **BEFORE** going to the registration website, please go to and carefully read the below given link that applies to you as much has changed from last year –
  - Registration helps for [NEW FAMILIES](#)
  - Registration helps for [RETURNING FAMILIES](#)
- The NPX Athletic website is <https://greatheartsnorthphoenixathletics.org/>
  - Go there and click on the blue box entitled “Online Registration” which is on the right-hand side in order to register.
  - **Please disregard the Brainbook and Opioid Course requirement. It is only for high schoolers.**
- Please note that all steps of the registration process are to be done electronically. No hard copies of any forms will be accepted.
- **All participants must be fully registered, including completed physical, and fully paid in order to participate.**
  - For quick, affordable, and reliable physicals please go to any NextCare – Urgent Care. They are the AIA sponsor for Sports Physicals. You can schedule an appointment online at a location near you and the cost only \$25. The website is <https://nextcare.com/>.
  - Link to AIA Physical Form – <https://aiaonline.org/files/16936/forms-157-a-d.pdf>
- **Registration deadline is at 6 pm on Friday, August 11. This will be strictly enforced. All registrations received after 6 pm on Friday, August 11 will not be processed until the evening of Monday, August 14 making the participant ineligible to participate on Monday, August 14.**

### Payment Info

- **Please note that payment alone does not constitute registration. If you only go online and pay and do not complete the above-mentioned registration process, your child will not be eligible to participate until the registration has been fully completed.**
- Payment is done at [www.northphoenixprep.configio.com](http://www.northphoenixprep.configio.com)
- The fees for middle school sports are \$250.
- The payment portal is now open.
  - **All payments will be due on or before Friday, Aug. 11.**
  - Failure to pay on or before Friday, Aug. 11 will result in a participant being ineligible to participate until payment is received.

If you have any questions or need anything at all, please feel free to contact me.

Joe Page | Athletic Director

C: (602) 885-6924

Email: [jpage@northphoenixprep.org](mailto:jpage@northphoenixprep.org)